

# Topical Creams

## A-Kalm® & N-Kalm®

### Say Goodbye to Arthritis & Joint Pain!

If you suffer from arthritis, you shouldn't have to contend with joint pain and muscle aches. Many products on the market boast life changing results, but fall short of delivering on their promises. Zana Nutrition believes you deserve high-quality products to provide relief to your everyday pain. Say goodbye to tingling, burning, and numbness and say hello to long-lasting relief! We're proud to offer products free of harmful chemicals, irritants, dyes and colors. It's time to start living a pain-free and ache-free life with A-Kalm® and N-Kalm®!



### A-Kalm® - Daytime Relief

**A-Kalm®** is a powerful topical cream that helps soothe muscle and sore joints (menthol and lidocaine) while promoting healthy blood flow through vasodilation. It is loaded with ingredients to help moisturize dry/cracked skin. A-Kalm® is a strong, effective and long-lasting topical designed to help you get through the day easier. **Directions: Apply in the morning and as needed throughout the day to the most symptomatic areas using a quarter size amount of cream rubbed in thoroughly.**



#### Ingredients

Ingredients: DI Water, Cetearyl Alcohol & Polysorbate 60, Isopropyl Myristate, Aloe Barbadensis Leaf Juice, Caprylic/Capric Triglyceride, Menthol, Camphor, Glyceryl Stearate and PEG 100 Stearate, Stearyl Alcohol, Lidocaine, Glycerin, Cocos Nucifera (Coconut) Oil, Emu Oil, Tocopherol Acetate (Vitamin E), Retinyl Palmitate (Vitamin A), Arnica Montana Flower Extract, Triethanolamine, Carbomer, Phenoxyethanol (and) Caprylyl Glycol (and) Ethylhexylglycerin (and) Hexylene Glycol.

### N-Kalm® - Nighttime Relief

**N-Kalm®** is a fast-acting neuropathy cream designed to relieve nerve pain, burning, tingling, and numbness. Powered by L-Arginine, L-Citrulline, and Cinnamon Bark Oil, it promotes healthy blood flow and relaxes tight muscles for targeted, lasting comfort—without irritation or grease.

**Directions: Apply at bedtime to the most symptomatic areas using a quarter size amount of cream rubbed in thoroughly.**



#### Ingredients

Ingredients: DI Water, Cetearyl Alcohol & Polysorbate 60, Aloe Barbadensis Leaf Juice, Isopropyl Myristate, Caprylic/Capric Triglyceride, Glyceryl Stearate and PEG 100 Stearate, Glycerin, Cocos Nucifera (Coconut) Oil, Stearyl Alcohol, Cinnamomum Cassia Bark Oil, Methylsulfonylmethane, L-Arginine, L-Citrulline, Crataegus Monogyna (Hawthorn) Fruit Extract, Ruscus Aculeatus (Butcher Broom) Root Extract, Aesculus Hippocastanum (Horse Chestnut) Seed Extract, Triethanolamine, Carbomer, Phenoxyethanol, (and) Caprylyl Glycol (and) Ethylhexylglycerin (and) Hexylene Glycol.